

# Spring/Summer Nursery Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals or toast <b>(G, M)</b>	Selection of cereals or toast <b>(G, M)</b>	Selection of cereals or toast <b>(G, M)</b>	Selection of cereals or toast <b>(G, M)</b>	Selection of cereals or toast <b>(G, M)</b>
Mid-morning snack	Selection of fruit	Breadsticks and cream cheese with cucumber <b>(M, S, SO, G)</b>	Selection of fruit	Apple and Raisins	Crackers and houmous <b>(S, G, M)</b>
Lunch	Spaghetti Bolognese and salad	Caribbean Chicken and rice	Gammon, new potatoes and peas <b>(G, SU, F)</b>	Chicken casserole, mash potato and Carrots <b>(E, M, G, SU)</b>	Sausage and broccoli carbonara <b>(M, E, SO, G)</b>
<b>Alternative</b>	Spaghetti Bolognese and salad Koko yoghurt	Quorn chicken and rice Fruit pot	Quorn meat, new potatoes and peas Strawberry jelly	Chicken, mash potato and broccoli Dairy free custard	Sausage and broccoli carbonara Ice cream
Pudding	Greek yoghurt and frozen berries <b>(M)</b>	Strawberry Angel delight <b>(G, M, SO)</b>	Strawberry Jelly <b>(G, M)</b>	Fromage Frais <b>(M)</b>	Ice cream <b>(M, E, G)</b>
Mid-Afternoon Snack	Melon	Selection of fruit	Crackers with ham <b>(S, G, M)</b>	Tea cakes <b>(SO, G, E, M)</b> <b>Dairy free oat biscuit</b>	Selection of fruit
Tea	Fish fingers and baked beans <b>(F, G)</b>	Turkey or egg sandwiches with carrot sticks <b>(E, G, M)</b>	Pitta bread cheese and tomato pizza with pepper sticks <b>(G, M)</b>	Tuna, red pepper, tomato, and pasta with mayonnaise <b>(F, E, G)</b>	Spaghetti on toast <b>(E, M, G)</b>
<b>Alternative</b>	Spaghetti on toast <b>(G)</b>	Turkey sandwiches <b>(G)</b>	Pitta bread cheese and tomato pizza with pepper sticks <b>(G, M)</b>	Tomato and pepper pasta	Spaghetti on toast <b>(G)</b>
<b>Allergens</b> Please see initials under each meal	<p>  GLUTEN G               SESAME S               NUTS N               CRUSTACEAN CR               EGGS E               FISH F               MUSTARD MU               MILK M               CELERY CE               PEANUTS P               SOYA SO               SHELLFISH SH               LUPINS L               SULPHITE SU         </p>				

# Spring/Summer Nursery Menu - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals and toast <b>(G, M)</b>	Selection of cereals, fruit, or toast <b>(G, M)</b>	Selection of cereals, fruit, or toast <b>(G, M)</b>	Selection of cereals, fruit, or toast <b>(G, M)</b>	Selection of cereals, fruit, or toast <b>(G, M)</b>
Mid-morning snack	Selection of fruit	Crackers and hummus <b>(S, G)</b>	Selection of fruit	Hot cross bun <b>(S, G)</b>	Selection of fruit
Lunch	Meatballs and spaghetti and salad <b>(G)</b>	Chicken curry and rice and naan bread	Sausage, mash potato and peas <b>(G)</b>	Chilli bean pasta bake <b>(G, CE)</b>	Fish fingers, mash potatoes and baked beans <b>(F, G)</b>
<b>Alternative</b>	Quorn meatballs and spaghetti (with gravy)	Chicken curry rice and dairy free naan bread  Koko yoghurt	Sausage, mash potato and peas	Chilli bean pasta bake	Fish fingers, mash potatoes and baked beans  Jam tart
Pudding	Melon	Fromage frais <b>(M, G)</b>	Orange jelly <b>(M)</b>	Ice cream	Iced vanilla cake <b>(M)</b>
Mid-Afternoon Snack	Breadsticks with carrot sticks and raita <b>(M, G, S, SO)</b>	Selection of fruit <b>(M)</b>	Apple slices and cheese cubes <b>(S)</b>	Selection of fruit <b>(G)</b>	Fruit loaf <b>(E, G, M,)</b>
Tea	Crumpet pizzas with ham and cheese <b>(G, SO, M)</b>	Tuna and sweetcorn and mayonnaise pasta <b>(F, M, G)</b>	Ham and salad wraps <b>(G)</b>	Sausage rolls and spaghetti hoops <b>(G, S)</b>	Turkey sandwiches and cucumber <b>(M, G)</b>
<b>Alternative</b>	Dairy free cheese crumpets	Cheese and ham pasta	Cheese and salad wraps <b>(G)</b>	Sausage rolls and spaghetti hoops	Ham sandwiches and cucumber
<b>Allergens</b> Please see initials under each meal					

